



Forgive

Learn from mistakes

Stand up for what is right

Never give up

Keep on going

Look on the bright side

Can apologise

Challenge myself

Face my fears

Love myself

Will speak up

Understand my feelings

Keep trying

Embrace difference

Be honest no matter what

Know when I am in the wrong

Accept myself

Ask questions

Do what's right

Defend the weak

Accept change

Accept deserved consequences

Let go of things I cannot control

Challenge change

Try hard to problem solve by myself

Only take sensible, healthy risks

Accept that I cannot win all the time